



**UNIVERSITY OF ST. THOMAS
COACH JOHN TSCHIDA'S
(Founded & created By Dennis Denning)**



Baseball & Softball Summer Instructional League

BASEBALL Rookie League – Minors

WHO: Boys currently in **3rd, 4th, and 5th grades** for 2008-2009 school year
Due to construction on the field, we will be having only a morning session for this age group this year.

WHEN: 9:15 a.m. – 11:30 a.m.

Mondays and Wednesdays: June 15, 17, 22, 24, 29; July: 8, 13, 15, 20, 22, 27.

July 27th is Championship Day and the session will meet at 9:15 a.m. and **go until noon.**

Championship Day includes contests and prizes (Fastest Runners, Strongest Arms, Most Accurate Throw, Longest Throw, HR Contest and Games and a Picnic with Hot Dogs, Pop, and Cookies)

BASEBALL Rookie League – Majors

WHO: Boys currently in **5th, 6th and 7th grades** for 2008-2009 school year

WHEN: 9:15 a.m. – 11:30 a.m.

Tuesdays and Thursdays in June: 16, 18, 23, 25, 30; July: 9, 14, 16, 21, 23, 28.

July 28th is Championship Day and the session will meet at 9:15 a.m. and **go until noon.**

Championship Day includes contests and prizes (Fastest Runners, Strongest Arms, Most Accurate Throw, Longest Throw, HR Contest and Games and a Picnic with Hot Dogs, Pop, and Cookies)

SOFTBALL: A League of Their Own

WHO: Girls currently in **4th, 5th, 6th, 7th, and 8th grades** for 2008-2009 school year

WHEN: 1:00 p.m. – 3:15 p.m. A League of Their Own

Mondays and Wednesdays: June 15, 17, 22, 24, 29; July: 8, 13, 15, 20, 22, 27.

July 27 = Championship & Picnic Day which includes contests, picnic & prizes

SUMMER BASEBALL AND SOFTBALL SUMMER INSTRUCTIONAL LEAGUE

First Name _____ Last Name _____

Address _____ City _____

State _____ Zip Code _____ Grade for 2008/09 _____

Minors: _____ Majors _____ A League of Their Own _____ **YOUTH T-SHIRT SIZE** _____

Parent or Guardian Name(s) _____ Email address _____

Day / Cell Phone _____

My son or daughter would like to be on the same team as (please name just one): _____

I/we give my/our permission for _____ to play in Cheetah's Championship Softball & Baseball Summer Rookie Leagues. He/she is healthy and under no physical restrictions. I/ we know that participation in baseball and softball may result in serious injuries and protective equipment does not prevent all injuries to players, and do hereby waive, release, absolve, indemnify, and agree to hold harmless, Cheetah's Championship Softball & Baseball, Inc., the University of St. Thomas, the organizers, sponsors, supervisors, participants and persons transporting my/our child to and from activities from any covered by accident or liability insurance.

Cost is \$160 which includes a uniform t-shirt and hat or visor

(continued on next page)

LEAGUE FORMATS:

- A Learning/ Instructional league that stresses fun, good attitudes and fundamentals – in that order.
- All games played at McCarthy Fields, University of St. Thomas on the corner of Grand Ave and Cretin
- 12 players or under to a team
- All play every position each day and rotate in order from inning to inning
- Use pitching machines and occasionally coach pitch with safety balls (promotes offense and gives a lot of action for fielders)
- Instruction every day on a different fundamental with college coaches and players
- Fundamental topics include: pitching, base running, hitting, fielding, throwing, situations, outfield play, infield play)
- Fee is \$160 for the summer which includes a jersey, hat and on-line sign-up.
- Prizes and awards are given throughout the summer

Applicants will be taken on a first-come, first-served basis. You can register by filling out the application below and mailing it with a \$160 check to John Tschida, 406 Duke Street, St. Paul, MN 55102. Make \$160 checks payable to **Cheetah's Championship Softball & Baseball, Inc.** Because of the numbers, we encourage you to sign up early. If you have any questions or concerns, please call John Tschida at 651-962-5922. Those who provide an e-mail will get a confirmation by e-mail.

